



NAME \_\_\_\_\_ CLASS \_\_\_\_\_

A mentch is an honorable person. Our Religious School loves to recognize our little mentches! Participate in our MENTCH program and earn a prize by attending events or completing the MENTCH packet!

CARD TYPE	TASK/EVENT
MITZVAH	Complete one of the following: <ul style="list-style-type: none"> <li>○ COMPLETE A MITZVAH LOG (ATTACHED)</li> <li>○ ATTEND SOUPER BOWL SUNDAY (February 2)</li> <li>○ BE A MITZVAH SNEAK (ATTACHED)</li> </ul>
EDUCATION	Complete one of the following: <ul style="list-style-type: none"> <li>○ INDEPENDENT EDUCATION PROJECT #1 (ATTACHED)</li> <li>○ INDEPENDENT EDUCATION PROJECT #2 (ATTACHED)</li> <li>○ INDEPENDENT EDUCATION PROJECT #3 (ATTACHED)</li> </ul>
NESHAMA	Complete one of the following: <ul style="list-style-type: none"> <li>○ NOURISH YOUR SOUL (ATTACHED)</li> <li>○ PRACTICE GRATITUDE (ATTACHED)</li> </ul>
TORAH	Complete one of the following: <ul style="list-style-type: none"> <li>○ ATTEND 10 SHABBAT SERVICES</li> <li>○ ATTEND SIMCHAT TORAH SERVICE – October 21</li> </ul>
COMMUNITY	Complete one of the following: <ul style="list-style-type: none"> <li>○ ATTEND SHABBAT PROGRAM AND BREAKFAST IN THE SUKKAH – October 19</li> <li>○ ATTEND PAJAMA HAVDALAH – January 25</li> <li>○ ATTEND A BAR/BAT MITZVAH AT SHJC</li> </ul>
HEBREW	Complete one of the following: <ul style="list-style-type: none"> <li>○ PRACTICE YOUR HEBREW READING FOR 10 DAYS IN A ROW</li> <li>○ PRACTICE AND VOLUNTEER TO READ A HEBREW PRAYER AT A SHABBAT MINYAN (Arrange with Morah Heather)</li> </ul>

Packet is due by May 12. Participating students will be recognized at last day assembly on May 21.

\*Parents may help with the writing on the attached sheets.\*



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### MITZVAH LOG

A MITZVAH IS A COMMANDMENT, A GOOD DEED THAT GOD WANTS US TO DO.  
HAVE YOU DONE A MITZVAH LATELY? LIST 5 WAYS THAT YOU WERE KIND OR  
HELPFUL.

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_
4. \_\_\_\_\_  
\_\_\_\_\_
5. \_\_\_\_\_  
\_\_\_\_\_



NAME \_\_\_\_\_ CLASS \_\_\_\_\_

### BE A **MITZVAH** SNEAK

A MITZVAH IS A COMMANDMENT, A GOOD DEED THAT GOD WANTS US TO DO. HAVE YOU DONE A MITZVAH LATELY? THERE ARE MANY LEVELS TO PERFORMING MITZVOT AND GIVING TZEDAKAH. ONE OF THE HIGHEST LEVELS IS TO GIVE ANONYMOUSLY, WHERE THE PERSON RECEIVING DOESN'T KNOW WHERE THE TZEDAKAH IS COMING FROM.

CAN YOU BE A MITZVAH SNEAK? CAN YOU PERFORM A MITZVAH ANONYMOUSLY – WITHOUT TELLING THE PERSON WHO YOU ARE HELPING?

#### SOME IDEAS:

- LEAVE A NICE NOTE FOR SOMEONE WHO NEEDS CHEERING UP. WRITE NICE THINGS ABOUT THE PERSON BUT DON'T WRITE WHO THE NOTE IS FROM.
  - RAKE A FRIEND'S LAWN OR SHOVEL THEIR SNOW WHEN THEY AREN'T HOME.
- USE YOUR PIGGY BANK MONEY TO BUY A SMALL GIFT FOR SOMEONE AND LEAVE IT FOR THEM WITHOUT SAYING IT'S FROM YOU.

BE A MITZVAH SNEAK. ASK YOUR PARENTS FOR HELP AND FOR PERMISSION!

HOW WERE YOU A MITZVAH SNEAK?

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**INDEPENDENT EDUCATION PROJECT #1  
PARSHA REFLECTION**

ATTEND A SERVICE AND AFTER SHABBAT ENDS, COMPLETE THE FORM  
BELOW.

DATE OF SERVICE I ATTENDED \_\_\_\_\_

WHAT WAS THE NAME OF THE PARSHA OF THE WEEK? \_\_\_\_\_

WRITE A BRIEF SUMMARY ABOUT THE PARSHA.

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THOUGHTS, FEELINGS OR QUESTIONS:

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**INDEPENDENT EDUCATION PROJECT #2**  
**ASK AWAY**

INTERVIEW A PERSON WHO WORKS IN THE SYNAGOGUE. YOU MAY ASK ANYTHING YOU ARE CURIOUS ABOUT AND ANYTHING THAT THE INTERVIEWEE WOULD BE COMFORTABLE ANSWERING.

PERSON I INTERVIEWED: \_\_\_\_\_

QUESTION:

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ANSWER:

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QUESTION:

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ANSWER:

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INDEPENDENT **EDUCATION** PROJECT #3  
GET CREATIVE

CHOOSE A STORY FROM THE TORAH, A HOLIDAY OR A RITUAL OBJECT, OR ANYTHING ELSE "JEWISH." CREATE A PROJECT TO DESCRIBE WHAT YOU CHOSE. BE AS CREATIVE AS YOU LIKE. YOU MAY WORK WITH A FRIEND FOR THIS ONE.

SOME IDEAS:

- DRAW A COMIC STRIP
  - WRITE A SONG
  - CREATE A VLOG
- DRAW A PICTURE OR POSTER
  - FILM A MOVIE OR SKIT
  - WRITE A DIARY ENTRY
  - PERFORM A DANCE
- FIND A KARAOKE VERSION OF A SONG AND REWRITE THE LYRICS
  - MAKE A DIORAMA
- ANY OTHER WAY YOU'D LIKE TO PRESENT YOUR IDEAS!



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**NESHAMA**  
NOURISH YOUR SOUL

SPEND SOME TIME WITH NATURE – APPLE PICKING, SITTING BY THE WATER, PLAYING IN THE SNOW, ETC. WRITE ABOUT HOW YOU FEEL CONNECTED TO GOD WHEN YOU ARE SPENDING TIME ENJOYING GOD’S CREATIONS.

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**NESHAMA**  
PRACTICE GRATITUDE

MAKE A LIST OF 18 THINGS THAT YOU ARE THANKFUL FOR

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	





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### HEBREW

PRACTICE READING HEBREW FOR 10 DAYS IN A ROW

YOU CAN READ FROM A SIDDUR, YOUR WORKBOOK, OR PRACTICE WITH A HEBREW APP OR COMPUTER GAME

LIST THE DATES BELOW:

1	
2	
3	
4	
5	
6	
7	
8	
9	
10	